January AM Snack 2020
\*Welcome back- remember to be aware of food allergies\*

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| --- | --- | --- | --- | --- | --- | --- |
| Sun | mon | tue | wed | thu | fri | sat |
|  |  |  | 01 | 02 | 03 | 04 |
|  |  |  | Happy New Year! | Welcome Back-Nutrigrain Bars- Liam has GF bars in closet or let him choose a snack  | Fruit Cups |  |
| 05 | 06 | 07 | 08 | 09 | 10 | 11 |
|  | Fruit and Yogurt Bites | Pirate Booty  | Fruit TBD-No Banana Liam  | Cheese Sticks | Go-Gurt/Danamals (No Banana Flavor Liam)  |  |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
|  | Chewy Bars | Pastry Crisps  | Applesauce | Cheese and Crackers | Cereal (Rice Chex GF) and Milk  |  |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
|  | CLOSED | Pop-Tarts | Fruit Choice | Carrots and Ranch  | Rice Cakes and Cream Cheese |  |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
|  | Little Bites | Nutrigrain Bites | Fruit Choice | Cinnamon Raisin Bread/Bagels (Need GF option for Liam) | Veggie/Apple Straws  |  |
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